

If you have any concerns

Sunderland
Safeguarding Adults

24 Hour Help Line **528 2748**

Ring this number for **confidential
advice** or information.

Remember:

If you are worried about anyone who is suffering or may be at risk of abuse, there are people you can contact who will help.

Abuse **can** and **does**
happen to **adults**.

Sunderland **Safeguarding
Adults** Partnership



Every day vulnerable adults are physically, psychologically, financially or sexually abused, discriminated against or neglected by others.

And every day people witness this and say nothing.



Would you know what to do?

Who may be at risk of abuse?

Adults most at risk of abuse are those individuals, aged 18 years and over who may be unable:

- take care of themselves
- speak out for themselves
- protect themselves against abuse or exploitation

They may depend upon other people or a service to support or care for them.

The worst you can do is **nothing**

Abuse is any behaviour towards a person that deliberately or unknowingly causes him or her harm, endangers life or violates their rights.

Abuse can happen **anywhere** and be perpetrated by **anyone**.

